



# EAGLE EXPRESS



Phone: 413 423-3326

Internet – <http://www.erving>

*September*



**Monday, September 10<sup>th</sup>**

PTO Meeting 6-7:15

Childcare provided

**Wednesday, September 12<sup>th</sup>**

CNC Playgroup Begins

10-11:30 in the gym

6<sup>th</sup> Grade Parent Meeting

NYC Trip 6pm

**Friday, September 14<sup>th</sup>**

Picture Day

**Wednesday, September 18<sup>th</sup>**

School Committee meeting 7pm

**Wednesday, September 19<sup>th</sup>**

11:30 Dismissal for Students

Due to Staff Development

No After School Program

Please note: September 19<sup>th</sup> is an  
early release day.  
Dismissal at 11:30  
No Lunch Served



DON'T

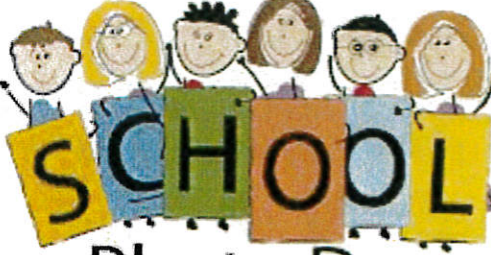
FORGET

Please be sure to return all of your forms into  
the office as soon as possible

Nature's  
  
Classroom

6<sup>th</sup> Grade  
September 17<sup>th</sup> - 21<sup>st</sup>

Friday, September 14<sup>th</sup>

  
Photo Day



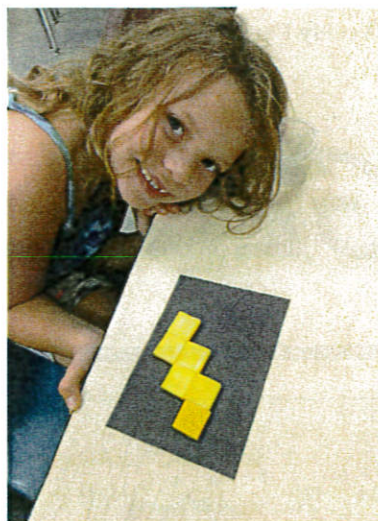
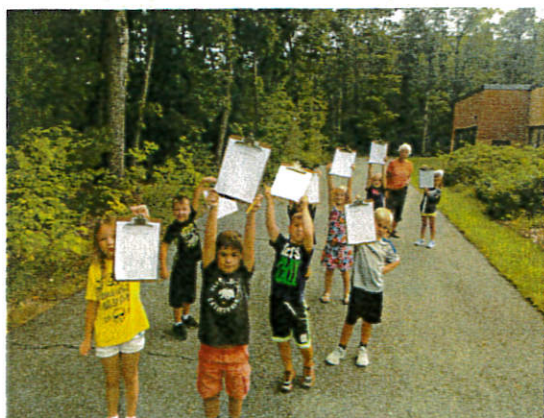
# #fabulous first grade

This new group of first graders couldn't be any more excited to be together! They've given their all during each and every activity, and are learning all the



new responsibilities that come with being in first grade. In our first week together we have read stories, explored

hands-on science activities, and learned about each other's unique learning styles. They have even begun setting goals for themselves and their learning, noticed countless ways to solve an addition problem, and developed rules for our classroom. Here are some photos that highlight the beginning of what is sure to be a remarkable year.



If your child rides the bus please go over the importance of the following bus rules.

The rules are few:

- Stay seated until reaching your destination (home, or school)
- Use quiet voices
- No eating or drinking on the bus
- Keep hands and feet to yourselves

## BUS SAFETY



Should there be a problem, students should let the bus driver and principal know as soon as possible.

## School Start Times

We would like to remind parents that the school day begins at 8:45 and all students should be seated and in class at that time.

Mon, Tues, Thur, and Fri	Grades K-6 8:45- 3:15
Wednesday	Grades K-6 8:45- 1:15
Mon, Tues, Thur, and Fri	Preschool 8:45- 3:00
Wednesday	Preschool 4's 8:45- 1:00



# Cafeteria News

As the Food Service Director for the Erving Elementary School my job is to ensure that our children are getting the best nutrition we can give them.

The USDA has issued new standards and some of them are much different than what we are accustomed to. For example:

1) We can no longer offer flavored milk to our 3 year-old students, therefore all Preschoolers will have the option of skim milk or 1% milk at all meals.

2) All cereal must have 6g or less sugar per 1 oz. of dry cereal. The following will be offered to all students starting the week of September 10<sup>th</sup>, Cinnamon Chex, Rice Chex, reduced sugar Cinnamon Toast Crunch & 1 more to be determined.

3) For Preschool students only, there will no longer be a sun butter & jelly option. With these changes in mind, I have updated our menu for PreK - Kindergarten.

On the staffing side, we welcome Deb Porlier to our cafeteria team. Deb is an amazing baker with a lot of experience working in schools. She will be providing our students with fresh baked, whole grain breakfast & lunch items. We are very excited to have Deb on board. She will be creating new items for our students to enjoy. There will be sample days when new entrées are being offered.

The Erving Cafeteria has teamed up with local farmers in order to provide our students with fresh fruits and vegetables throughout the year. So far, we have reached an agreement with two local companies, Clarkdale's & Dan's Veggies. We will be adding to our farm list in the coming weeks. As you know, locally sourced produce is seasonal; therefore our offerings will change on a regular basis. Please stay tuned for our Local Maple Syrup days

provided to us by Poplar Mountain Maple located here in Erving.

The Cafeteria is excited about all of the changes being made and we appreciate the support of our community. Please stop by and visit us soon!

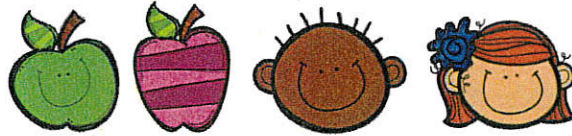
Thank you,  
Donna LaClaire  
Food Service Director



The staff and students enjoyed cinnamon rolls







## Erving Elementary School Parent Teacher Organization

### News from PTO

Welcome to school kindergarteners and preschoolers! We're so glad to have you as the halls and playground just weren't the same without your young energy and infectious smiles! And did you know, that all six of the parents on PTO last year had a student in either preschool or kindergarten? So families, now is the perfect time for you to become involved with the PTO!

Our **next meeting** is **Monday at 6pm**. Bring your own dinner to meet and greet members at 5:30pm and child care is provided! We typically meet in the staff lounge.

**\*\*This month's special guests** are EMILY STEWART, EES art teacher, and GARY PORLIER, EES head custodian. Both have projects they would like our help with!!

**\*\*Other topics to be covered** are: all school Mums Fundraiser; October Open House and Book Fair; review last month's Welcome Back to School Event and Erving BBQ; election of new board members; and more! Please refer to EES PTO FB Page for our full agenda.

**\*\*The PTO facilitates** four all school fundraisers through the year and we are growing our social involvement through Teacher Appreciation Week, Holiday Cookie Exchange, and more! We are always open to new ideas, but we **NEED YOUR HELP!** Volunteer sign ups for events and fundraisers are located on our bulletin board in front entrance.

**Mums Fundraiser:** Order forms are going home in student backpacks today. Please return to school by Wednesday 9/19. Delivery and pick up will be 9/24, 3-5pm. Generated funds support all students and PTO.

**Eagle Fundraiser:** Have you seen the Erving Eagle in our front entrance? He was exceptionally crafted by Michael Lagasse of Wood Wizard Carvings and uncle to preschooler Eleanor McAndrews. Yes, he carved our eagle with a chainsaw from a tree stump! Tickets are \$2 each or an arm's length for \$10 and available at the front office. All proceeds benefit the PTO.

It's going to be a great school year!  
Jess Allen, PTO President

# EES FALL MUM FUNDRAISER TO BENEFIT ALL CLASSES! Thanks for your support!

Student's name:

Student's classroom teacher:

Parent/Caregiver contact:

Primary phone:

Email:

Name	Contact Info	Color	Quantity	Unit Price	Amount
	Orders due back to EES by Wednesday, September 19 <sup>th</sup> ! Flower arrival & pickup: Monday, September 24 <sup>th</sup> - 3-5:30pm!	Mill River Farm Market Options: white, purple, yellow, red, daisy, and rust		All mums \$8/each	
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Total





CHILDREN AND ADULTS WITH  
ATTENTION-DEFICIT/HYPERACTIVITY DISORDER

# Valley ADHD Parent Support Group

## CHADD CARES

CHADD works to  
improve the lives of  
people affected by  
ADHD through:

Collaborative  
Leadership

Advocacy

Research

Education

Support

[www.chadd.org](http://www.chadd.org)

**1<sup>st</sup> Monday of Every Month**  
**6:30pm to 8pm**

September 10  
October 1  
November 5

December 3  
January 7

**Northampton Area Pediatrics, LLP**  
**193 Locust St., Northampton**  
**Conference Room**

Join other area parents and caregivers to...

- Receive ADHD information and support
- Be heard without being judged
- Hear how others cope with similar issues and challenges
- Learn about local resources for families
- Hear from area specialists on pertinent topics
- Learn new strategies to try at home
- Leave feeling empowered and hopeful

Questions? Please contact:  
**ValleyADHDFamilies@gmail.com**







## **Northampton Area Pediatrics, LLP Parenting Workshop**

### **How to Teach (and Learn From) Our Kids About Sex**

Dr. Fleishman will lead a discussion on how our kids are learning about sex, what resources they are using other than their parents, why it is important to talk with our kids about this topic, what those talks should sound like, and when they should take place.

**Sunday, September 30th  
4:00 p.m. to 5:30 p.m.  
193 Locust St., Northampton**

RSVP by calling 413-517-2226 or email [contactus@napeds.com](mailto:contactus@napeds.com)  
Parenting workshops are open to the community and free of charge.



# Teddy Bears Picnic

Join us for a Family Ramble and Nature StoryWalk®  
The *Teddy Bears Picnic* Led by "Ward of the Woods" aka Dawn Marvin Ward



**Date:** Sunday, September 9, 2018

**Time:** 10:00a.m. - 12:00p.m.

**Location:** Lake Wyola State Park,  
94 Lakeview Road, Shutesbury



Bring the whole family to explore and share the joy of nature in our own 'backyard'. Dawn will guide us as we listen for the birds, look for the signs of creatures and spend a couple of hours relaxing with family and friends on a casual ramble through the trails.

- Meet at the Lake Wyola parking lot (no parking fee this time of year) for a gentle hike. Dress appropriately (closed toe, comfortable shoes; long pants) for adventure in the woods, apply and bring sun/insect repellent for seasonal bugs. **Note-** no public restrooms available.
- Back-packs/front-packs or wraps may be best for real little ones.
- If you would like, ***please bring a teddy bear friend, your own picnic lunch*** and blanket to sit on. Picnic tables are available.
- CNC will provide a simple snack.
- Contact the CNC office if you have questions (978) 544-5157 or [Budine@erving.com](mailto:Budine@erving.com)

We will be hiking in sunshine, cloudy or drizzles, but if it is pouring rain we will cancel. Call the CNC office if you need directions or if weather is a concern and we will have a message to confirm the hike status.

"Funded by a grant from the Shutesbury Cultural Council, a local agency supported by the Massachusetts Cultural Council, offered in collaboration with the Community Network for Children a program funded by the CFCE grant from the MA Department of Early Education and Care."







Union #28 Schools

# Community Network for Children PROGRAM SCHEDULE

July 1, 2018 - June 30, 2019



Call 978-544-5157 for more info or

All programs suitable for newborns through preschool age.

Combination of free play, music, movement, books, and nursery rhymes at all programs! Come join us!

	FRIDAY SUMMER Outdoor PLAYGROUP Northfield 10:00-12:00pm	MONDAY Shutesbury TALES & TUNES 9:30 - 11:00am Katie T.	TUESDAY New Salem PLAYGROUP 8:45 - 10:15am Emily J.	WEDNESDAY Erving PLAYGROUP 10:00 - 11:30am Emily J.	WEDNESDAY Wendell PLAYGROUP 10:00 - 11:30am Sylvia W.	WEDNESDAY Leverett TALES & TUNES 10:30 - 12:00pm Heleen C.	FRIDAY Shutesbury PLAYGROUP 8:45-10:15am Joie C.	SUNDAY Erving Family Playtime 10:00- 11:30 Gillian B.
JULY	13, 20, 27	2, 9, 16, 23, 30	NONE	NONE	11, 18, 25	11, 18, 25	NONE	NONE
AUG	3, 10, 17	6, 13, 20, 27	NONE	NONE	1, 8, 15, 22, 29	1, 8, 15, 22, 29	NONE	NONE
SEPT	X	10, 17, 24	11, 18, 25	12, 19, 26	5, 12, 19, 26	5, 12, 19, 26	14, 21, 28	NONE
OCT	X	1, 15, 22, 29	2, 9, 16, 23, 30	3, 10, 17, 24, 31	3, 10, 17, 24, 31	3, 10, 17, 24, 31	5, 12, 26	14
NOV	X	5, 19, 26	6, 13, 20, 27	7, 14, 28	7, 14, 28	7, 14, 28	2, 9, 16, 30	4
DEC	X	3, 10, 17	NONE	5, 12, 19	5, 12, 19	5, 12, 19	NONE	2
JAN	X	7, 14, 28	8, 15, 22, 29	2, 9, 16, 23, 30	2, 9, 16, 23, 30	2, 9, 16, 23, 30	4, 11, 18, 25	20
FEB	X	4, 11, 25	5, 12, 26	6, 13, 27	6, 13, 20, 27	6, 13, 20, 27	1, 8, 15	10
MAR	X	4, 11, 18, 25	5, 12, 19, 26	6, 13	6, 13, 20, 27	6, 13, 20, 27	1, 8, 15, 22, 29	17
APR	X	1, 8, 22, 29	2, 9, 23, 30	10, 24	3, 10, 17, 24	3, 10, 17, 24	5, 12, 26	28
MAY	X	6, 13, 20	7, 14, 21, 28	1, 8, 15, 22, 29	1, 8, 15, 22, 29	1, 8, 15, 22, 29	3, 10, 17, 31	19
JUNE	X	3, 10, 17, 24	NONE	NONE	5, 12, 19, 26	5, 12, 19, 26	NONE	NONE
	Northfield Mt. Recreation & Environmental Center 99 Millers Falls Rd. Northfield, MA	M.N. Spear Memorial Library 10 Cooleyville Rd. Shutesbury, MA 413-259-1213	Swift River School 201 Wendell Rd. New Salem, MA 978-544-5157 (CNC Office #)	Erving Elementary School 28 Northfield Rd. Erving, MA 413-423-3326	Wendell Library 7 Wendell Depot Rd. Wendell, MA 978-544-3559	Leverett Library 75 Montague Rd. Leverett, MA 413-548-9220	Shutesbury Elementary School 23 West Pelham Rd. Shutesbury, MA 413-259-1212	Erving Elementary School 28 Northfield Rd. Erving, MA

**Please note:** Ongoing programs may not occur during school vacations or holidays. Please check the schedule!

If inclement weather is a concern, call the CNC office for message/update, check Facebook or the CNC Website for info.

These programs are supported in part by grant funds from The Massachusetts Department of Early Education.  
These programs are also supported by the Friends of the M.N. Spear Memorial Library, Friends of the Leverett Library, Friends of the Wendell Free Library,  
Shutesbury Elementary School, Erving Elementary School, Swift River School, and donations from friends in the community.

7/30/2018





# TALK, READ, & PLAY

Help build the foundation for your child's learning with this ***FREE*** home visiting program.

**Families with young children newborn - 2 years of age are invited to take part in this program.**



*Participants will receive-*

***FREE*** books, toys and learning materials

- Help your child be ready for school
- Share this information with a friend in Erving, Leverett, New Salem, Wendell, or Shutesbury who has a child under 2 years-of-age.

***FREE!***

**When Children Talk, Read, & Play they build skills that prepare them for a lifetime of success.**

**Questions??**

**Call 978-544-5157 and ask about the Talk, Read, & Play Program.**

*This program is made possible with the support and special thanks to the Friends and Family of Frank "Michael" Sokolosky and with collaboration from the CFCE grant through the Department of Early Education and Care, the Union #28 Community Network for Children Program and community donations.*





Join the Recreation Commission for.....

**TRUNK** *or*



**TREAT**

October 27, 2018 *1pm to 6pm*  
at Veterans Park

Join us for our annual Trunk or Treat at VETS PARK!!  
this years *Halloween Fun* includes:

**Mechanical Bull Rides**

**Giant Obstacle Course**

Join the fun by decorating your car and passing out candy to our little goblins. Prizes given for best car!



Enter your car at:

[ervingma.myrec.com](http://ervingma.myrec.com)



